Profhilo H+L is an injectable hyaluronic acid (HA) treatment classified as a **bio-remodeler**. Unlike traditional dermal fillers that add targeted volume or shape facial features, Profhilo hydrates the skin from within and stimulates the body's natural collagen and elastin production. It consists of ultra-pure, high-concentration hyaluronic acid produced without chemical cross-linking agents (like BDDE). It combines two molecular weights of HA via thermal processing:

- **High Molecular Weight (H-HA):** Provides structural support and hydration to the dermis.
- **Low Molecular Weight (L-HA):** Hydrates and stimulates skin cell proliferation.

Because it flows smoothly across skin layers rather than staying localized in a single deposit, it spreads evenly beneath the skin to treat overall tissue quality rather than individual wrinkles.

What It Does & What It Treats

Profhilo acts as a cell activator to rebuild skin structure (a process called **bio-remodeling**).

Primary Actions

- **Stimulates 4 Types of Collagen & Elastin:** Promotes natural extracellular matrix remodeling over a 28-day cycle.
- **Deep Tissue Hydration:** Retains high levels of moisture within the dermis to restore natural radiance and plumpness.
- **Improves Skin Elasticity & Laxity:** Firmly tightens and smooths crepey, thinning skin.

Common Treatment Areas

- **Face:** Often injected using the **BAP (Bio Aesthetic Points)** technique—5 specific injection points on each side of the face to minimize discomfort and maximize product diffusion.
- **Neck & Décolletage:** Effective for smoothing lines and tightening thin, sagging skin on the neck and chest.
- **Body:** Upper arms, hands, abdomen, and knees experiencing age-related laxity.

Post-Care Instructions

Immediate Aftercare (First 12–24 Hours)

- **Localized Bumps:** Small, visible lumps ("bee-sting" or mosquito-bite-like papules) at the injection sites are completely normal and typically disperse within **12 to 48 hours**.
- **Do Not Massage:** Refrain from rubbing, massaging, or applying pressure to the injection points so the product diffuses naturally.
- **Keep the Area Clean:** Avoid touching the face and skip makeup/cosmetics for 12–24 hours to prevent infection at the micro-injection sites.
- **Sleep Upright:** Try to sleep on your back with your head slightly elevated on the first night.

24–48 Hours

- **Avoid High Heat:** Skip saunas, steam rooms, hot tubs, and intense direct sun exposure.
- **Pause Strenuous Exercise:** Avoid heavy workouts or sweating for 48 hours to minimize swelling and irritation.
- **Avoid Vasodilators & Blood Thinners:** Refrain from alcohol and unnecessary over-the-counter anti-inflammatories (e.g., ibuprofen, aspirin) to limit bruising. Paracetamol can be used for mild discomfort.
- **Gentle Skincare:** Hold off on active ingredients (retinoids, AHA/BHA acids, strong Vitamin C) for 48–72 hours. Stick to a gentle cleanser and plain moisturizer.

1–2 Weeks Out

- **Defer Other Treatments:** Wait at least 2 weeks before having other facial procedures (peels, microneedling, laser treatments, or other injectables).
- **Sun Protection:** Apply broad-spectrum SPF 30+ daily.

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“Your partner in radiant, healthy skin”